

**CAMPERS
AGE 4 & UP
WELCOME**

2008

**DAILY RATES
BASED ON
AVAILABILITY**

**REGISTER NOW
CALL 918-8002**

KARATE SUMMER CAMP

**HURRY - SPACE
IS LIMITED!**

Schedule: June 2nd - August 8th with "Daily Field Trips"

DATE	WEEKS ACTIVITIES & EVENT	WEEKLY Option A BBC/MC & BASIC Camp Fees	DEPOSIT Required To Hold	DROP-IN Option B Full or 1/2 Daily Rates	FIELD TRIP PARTICIPATION Payment Options Daily or Weekly	SPECIAL ITEMS INCLUDED Within Camp Fee
1 JUNE 2 nd – 6 th	(1st) K4K RANK CAMP	\$200 / \$250	\$100	\$50 or \$30	\$10/D or \$35/WK	Rank Testing
2 JUNE 9 th – 27 th	NO CAMP	Sorry no camps for these weeks to help facilitate our move to new location!				
☪ JUNE 24TH – 29TH "ATA WORLDS COMPETITION - LITTLE ROCK AR."						
☪ JUNE 27TH/28TH REGULAR OSPREY ATA TESTING						
☪ JUNE 30 – JULY 4TH NO CAMP AND CLOSED FRIDAY FOR INDEPENDENCE DAY						
3 JULY 7 th – 11 th	(2nd) K4K RANK CAMP	\$200 / \$250	\$100	\$50 or \$30	\$10/D or \$35/WK	Rank Testing
4 JULY 14 th – 18 th	KARATE CAMP	\$200 / \$250	\$100	\$50 or \$30	\$10/D or \$35/WK	N/A
5 JULY 21 st – 25 th	SINGLE WEAPONS CAMP	\$200 / \$250 Pay \$175 / \$200	\$100	\$50 or \$30	\$10/D or \$35/WK	3 Pairs Weapons If you already have an Adventure Islands pass! Adventure Islands
☪ JULY 24TH– 27TH "BLACK BELT CAMP: THE QUEST – LITTLE ROCK AR."						
6 JULY 28 th – AUG. 1 st	SPARRING CAMP	\$200 / \$200 Pay \$150 / \$200	\$100	\$50 or \$30	\$10/D or \$35/WK	Busch Gardens If you already have a Busch gardens pass!
Special Savings Note: SAVE \$50 ON THIS CAMP!						
Sparring Gear Note: Great time to get your sparring gear!						
Sparring Gear NOT Included: Camp Special - If Needed - Basic Sparring Set Fee \$ 199						
☪ JULY 26TH – 29TH CLOSED - "LEADERSHIP CAMP – DOMINICAN REPUBLIC"						
9 AUG. 4 th – 8 th	(3rd) K4K RANK CAMP	\$200 / \$200	\$100	\$50 or \$30	\$10/D or \$35/WK	Rank Testing

A \$50 registration fee is applicable for all new members - This includes 1 uniform & 1 year ATA association fee.
Once paid the member will be granted access to all camps offered within one year from the registration date!

DISCRIPTIONS OF KARATE CAMPS

K4K RANK CAMP - This summer we are offering three opportunities for rank advancement.

Whether you are beginning, playing catch up due to vacationing or just have the desire to leap ahead of your peers rank camp is right for you. Our "Rank Camps" cover a complete cycle of training in a one week time frame and perform their rank test on Friday. Students who complete this week of hard work and effort will be eligible to test for their next rank or mid term advancement. Rank campers will train 3 hours each day with a 15 minute break each 45 minutes of training for the first 4 days. During the first 3 days campers will have the goal to obtain their 3 knowledge stripes. The fourth day is for review. All members are required to purchase their associated rank DVD media. Camp fee includes testing at no additional cost.

KARATE CAMP – This camp is a must for those wanting to learn or refine – their overall knowledge of martial arts.

If the student is new it will open their eyes to the full spectrum of material that martial art has to offer. For the active member, it is a great review of the specifics of our techniques. We will cover basic, intermediate, and advanced; kicking, blocking, striking, and stances of **TAEKWONDO**. We will also cover the basic foundations of **Brazilian Jiu-Jitsu** material such as break falling, tumbling, and positioning. Students will train 2 hours each day with a 5 minute break every 1/2 hour for the five days. The student will leave this camp with a vast level of martial arts skills and knowledge.

WEAPONS VARIETY CAMP – We are offering the opportunity to learn from scratch or build your knowledge of handling weapons.

Weapon enthusiasts will love this camp! Our "Weapons Variety Camp" covers a diverse array of weapons during these weeks with a review of material learned on Friday. Weapon training consists of the following: Protocol, Warm ups, Stretches, Rotation Skills, Striking & Blocking, Combinations, and partner Drills. Our weapons camp covers single weapons skills of handling the Short Stick, Nunchuku's, Staff, and the Kendo Sword. Camp price include generic weapons for each student. Campers will receive a \$10 discount for weapons they provide on their own. All weapons provided by the campers must meet schools standards and ATA safety requirements, no exceptions! We reserve the right to make the final decision in this matter. Higher quality weapons may be purchased if requested at vendor pricing. Advance registration is necessary for this camp to guarantee we will have your weapons on the days they are required.

SPARRING CAMP - Learn how to dominate your opponent in competition! This sparring camp will turn you into a proficient fighting machine!

Campers will learn sparring - concepts, basic techniques, advanced techniques, winning combinations, and intelligent sparring tactics also known as Black Belt techniques. Each day they will learn new techniques, drill them to memory, and practice with a partner. They will be trained in three forms of TAEKWONDO sparring; testing style, classroom style, and competition style. On Friday we will hold a mini tournament for title of "King of the Ring". Students will train 1 1/2 hours each day with a 5 minute break every 1/2 hour for the five days. Techniques learned at this camp could take a lifetime to acquire. Being able to apply what we learn in martial arts is the reason why we train. This type of camp should not be missed! Camp Fee does not include student sparring gear. A reduced fee for gear has been provided for attendance of this camp. Special Basic Gear Set is: \$199. Special Gear set includes: Head & face shield, light chest protector, Foot & Gloves, Mouth piece, and generic sports cup if needed. Camper must provide their own bag. Members whom already have gear do not have to purchase the Special Gear set for camp. Gear must be serviceable, complete, and ATA branded.

Visit our web site for more details
www.ospreyata.com

CAMP EVENTS, ACTIVITIES, & FIELD TRIPS:

This is a list of just some of the things our K4K campers will do this summer!

DAILY ACTIVITIES: Karate Practice, Brain Games, Group Games, Art classes, Block Buster Movies, Water Balloon Fight, Tug-of-war, Flag Football, A lot of Beach & Lake Swimming, and plenty of social interaction with peers!

THEME & PARKS: AMC Movie Theatre, AMF Bowling, Michaels Arts & Crafts, Stardust Skating Ring, Ellenton Ice Skating, Busch Gardens, Adventure Islands & YMCA: Water Parks, Oscar Shearer & Bay Street Parks, etc.

LUNCH & TREATS: Dairy Queen, Checkers, Mc Donald's, Sam's Club, Treat Street, Sweet Berries, Bentley's, Big Olaf's and more!

Dear Osprey ATA family and friends,

I wish to express my deepest appreciation to you for supporting our schools Camps & Activities over the past several years. From this we have experienced many positive results! It has been extremely beneficial in helping us development a strong leadership based atmospheres for your children. These camp events are an excellent source for reinforcing good social and moral behavior among our students. At the same time, it has provided part-time summer jobs for our teen instructors for which they are truly grateful.

Camps usually max out at between 12 to 18 campers daily and we employ one staff member for every five to six campers. Including me, we'll typically have a staff ratio better than 1 to 6! Students get the attention and supervision they deserve and that you'd expect. Karate Summer Camps are scheduled to the 15 minute mark most every day with no down time. However we do give our campers plenty of time to socialize amongst their peers. This means your child should learn a great deal of material and have a fun filled summer they'll never forget. Our goal here is that by the time you pick them up they want to just go home and sleep. After the weeks finished the weekend will be yours to relax because your child had already done everything there was to do!

My motto for Karate Summer Camp is simple,

"Campers will learn a lot of Karate, have loads of fun this summer, and let their parents do what they want to on the Weekends!"

Sincerely yours,
Chief Instructor
Mr. Bloomfield

REGISTER TODAY
CALL 918-8002